

# About Us

The FitGolf Performance Center staff looks at your golf swing from a unique angle - the body. Based on the idea that a body limitation contributes to every swing flaw, your FitGolf Performance Center team focuses on how your balance, flexibility, strength, and endurance, contribute to or limit distance, accuracy, consistent performance and pain with golf.

FitGolf Performance Centers' staff are both Fitgolf and TPI Certified. They offer you a comprehensive set of training and assessment tools to help you play more consistent golf with fewer aches and pains.

To find your local FitGolf Performance Center, please call 1-888-FITGOLF or visit [fitgolf.com](http://fitgolf.com) and click on find a center.



*“Because your body is your most important piece of equipment®”*

**fitgolf.com**  
more distance, lower scores, guaranteed

1-888-FITGOLF  
(1-888-348-4653)