



## Visualization: Bowling

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### Equipment:

Mini foam bowling kit, marking tape.

### Set-up:

Have the bowling set organized at the end of the floor and then mark a line with the marking tape 8 paces away.

### Description:

This activity will help the student improve their ability to judge speed, direction, and distance. The students will be rolling the bowling ball and trying to knock down the pins.

### Instructions:

The student will begin behind the marked line with the bowling ball and will have 2 shots to knock as many of the pins down as they can. The next student will then have 2 shots and try to knock as many pins down as they can. The winner will be the student with the best score through 3 rounds.

### Scoring:

The student that has the highest score through 3 rounds will score a 3. The runnerup will score a 4 and all others in the group score a 5.

