



Visualization: Bowling

Equipment:

Mini foam bowling kit, marking tape.

Set-up:

Have the bowling set organized at the end of the floor and then mark a line with the marking tape 8 paces away.

Description:

This activity will help the student improve their ability to judge speed, direction, and distance. The students will be rolling the bowling ball and trying to knock down the pins.

Instructions:

The student will begin behind the marked line with the bowling ball and will have 2 shots to knock as many of the pins down as they can. The next student will then have 2 shots and try to knock as many pins down as they can. The winner will be the student with the best score through 3 rounds.

Scoring:

The student that has the highest score through 3 rounds will score a 3. The runnerup will score a 4 and all others in the group score a 5.

